

Terpene Guide

Name		Aroma/Flavour & Effect
Aromandendrene	A	Woody, Piney :
Bergamotene	Be	Spicy : Mood-Lifting, Calming
Bisabolol	Bi	Floral (Chamomile) : Calming
Borneol	Bo	Herbal, Minty : Insect Repellent
Cadinene	Cd	Woody, Cedar/Junipery :
Camphene	C	Pungent, Earthy, Musky, Piney : Calming, Relaxing
Carene	Cr	Sweet, Cypressy : Memory, Memory Retention
Caryophyllene	Ca	Spice : Happy
Cymenene	Cy	Pleasant : Calming, Relaxing
Eucalyptol	E	Minty, Cool Tones : Concentration
Eudesmol	Eu	Woody : More Munchies
Geraniol	Ge	Floral (Roses) : Calming, Happy
Globulol	Gl	Woody, Eucalyptus-like :
Guaiol	G	Woody, Floral : Mood Enhancement
Humulene	Hu	Spicy, Earthy, Woody : Less Munchies
Linalool	L	Floral : Relaxing
Limonene	Li	Citrus : Uplifting
Menthol	Me	Minty : Cooling effect
Myrcene	M	Earthy, Woody : Body Calming
Nerolidol	N	Floral, Fruity, Woody : Calming
Ocimene	Oc	Citrus, Floral, Woody : Uplifting
Pinene	P	Piney, Woody, Fresh : Memory, Focus, Uplifting
Phellandrene	Pe	Pepperminty, Citrus : Energizing
Selinadienes	S	Sage : Calming, Cleansing
Santalene	Sa	Sandalwood : Calming
Terpinene	Te	Piney, Floral, Herbal : Calming, Couch-Lock
Valencene	V	Sweet Citrus, Oranges : Uplifting, Insect Repellent
Ylangene	Yl	Floral (Ylang Ylang) : Calming